

Childcare Menu Week 1 - Week Commencing: 07.07.25

*Low in Sodium & Refined Sugars

*Nut Aware

*Locally Sourced Produce

MORNING TEA

LUNCH

TEA

FTERNOON

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



ORGANIC MILK W/ APPLE & CARROT STICKS



CHEESY TOMATO
WHOLEMEAL MUFFIN



TROPICAL FRUIT PLATTER
W/ ORGANIC MILK



APPLE & PEAR CRUMBLE W/ ORGANIC YOGHURT



ORGANIC MILK, BANANA & MANDARIN



CHICKEN & VEGETABLE



BEEF & CAULIFLOWER LASAGNE W/ ZUCCHINI



CHICKEN & PUMPKIN
CURRY W/ BROWN RICE &
BROCCOLI



BEAN BURRITO BOWL

W/ CORN CHIPS, RICE & GUACAMOLE



WHOLEMEAL CHEESE BURGER W/ ROASTED SWEET POTATO



WHOLEMEAL GARLIC BREAD W/ PEAR WEDGES



CUCUMBER, HUMMUS, ORANGE, CAPSICUM & CRISPBREAD



CHEESE & TOMATO
PIZZA



TUNA & CHIVE DIP /
TOMATO & CHEESE DIP
W/ VEGGIE STICKS & RICE
CRACKERS



BLUEBERRY MUFFIN W/ ORANGE WEDGES